



NIKOLA VAPTSAROV  
NAVAL ACADEMY

Erasmus+ BIP – Winter 2026



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| <b>Name of the BIP:</b> Introduction to penetration testing and ethical hacking   |   |
| <b>Organizer:</b><br>Nikola Vaptsarov Naval Academy   | <b>ECTS credits for participating students:</b><br>3    |
| <b>Online period:</b><br>TBC  | <b>Onsite period:</b><br>9 -13 March 2026               |
| <b>Academic coordinator:</b><br>Assistant Prof. Dimitar Nikolov   | <b>Administrative coordinator:</b><br>erasmus@nvna.eu   |
| <b>Academic requirements:</b><br>3th and 4 <sup>th</sup> year or master students with basic knowledge in Information Technologies   | <b>Language requirement for students:</b><br>English B2 |
| <b>Nominations and number of students accepted:</b><br>Up to 15. For nominating, please send your students information to erasmus@nvna.eu before January 15 <sup>th</sup> 2026  |   |
| <b>Content of the onsite program:</b><br>The course will cover the fundamental concepts of penetration testing and ethical hacking of Linux, Windows machines and Web Applications, Initial compromise, privilege escalation, pivoting, persistence and command and control (C2). |   |

The program includes 1 day for outdoor training activities in the summer camp of Nikola Vaptsarov Naval Academy.

### Module details

#### Online period –TBC

| Main Topic  | Recommended WH | Details   |
|---|----------------|---|
| <b>Ethical hacking and penetration testing fundamental concepts</b> | 2              | <ul style="list-style-type: none"> <li>• Terminology</li> <li>• History</li> <li>• Ethical Hacking vs Penetration testing</li> </ul>  |
| <b>Building an ethical hacking lab</b>                              | 8              | <ul style="list-style-type: none"> <li>• Introduction to VirtualBox</li> <li>• Introduction to Vagrant</li> <li>• Networking</li> <li>• Saving machine state</li> <li>• Creating and managing Snapshots</li> <li>• Vulnerable machines and apps</li> </ul>  |
| <b>Linux attacks</b>  | 5              | <ul style="list-style-type: none"> <li>• Network Scanning</li> <li>• Port scanning</li> <li>• Attacking services and ports</li> <li>• Linux Bind, Reverse Shells, Rootkits, Backdoors and C2 Implants</li> <li>• Linux persistence</li> </ul>   |
| <b>Windows attacks</b>  | 5              | <ul style="list-style-type: none"> <li>• Network Scanning</li> <li>• Port scanning</li> <li>• Attacking services and ports</li> <li>• Windows Bind, Reverse Shells, Rootkits, Backdoors and C2 Implants</li> <li>• Windows persistence</li> </ul>   |
| <b>Attacks against Web Apps</b>                                     | 6              | <ul style="list-style-type: none"> <li>• Broken Access Control</li> <li>• Cryptographic Failures</li> <li>• Injections</li> <li>• Insecure Design</li> <li>• Security Misconfiguration</li> <li>• Vulnerable and Outdated Components</li> <li>• Identification and Authentication Failures</li> </ul>                   |
| <b>Privilege escalation, pivoting and C2</b>                        | 8              | <ul style="list-style-type: none"> <li>• Linux privilege escalation</li> <li>• Windows privilege escalation</li> <li>• Linux pivoting and port redirection</li> <li>• Windows pivoting and port redirection</li> <li>• Command and Control systems and implants</li> <li>• Actions on Objectives and Effects</li> </ul> |
| <b>Reporting</b>  | 6              | <ul style="list-style-type: none"> <li>• 3 types of report</li> <li>• Describing a finding and severity scoring</li> <li>• Suggesting mitigations</li> </ul>  |

| On-site period – 09 – 13 March 2026 |    |   |
|-------------------------------------|----|---|
| Practice Tasks                      | 30 | <ul style="list-style-type: none"> <li>• Linux attacks</li> <li>• Windows attacks</li> <li>• Web Application attacks</li> <li>• Privilege escalation, pivoting and C2</li> <li>• Actions on Objectives and Effects</li> </ul> |
| Total WH                            | 70 |   |